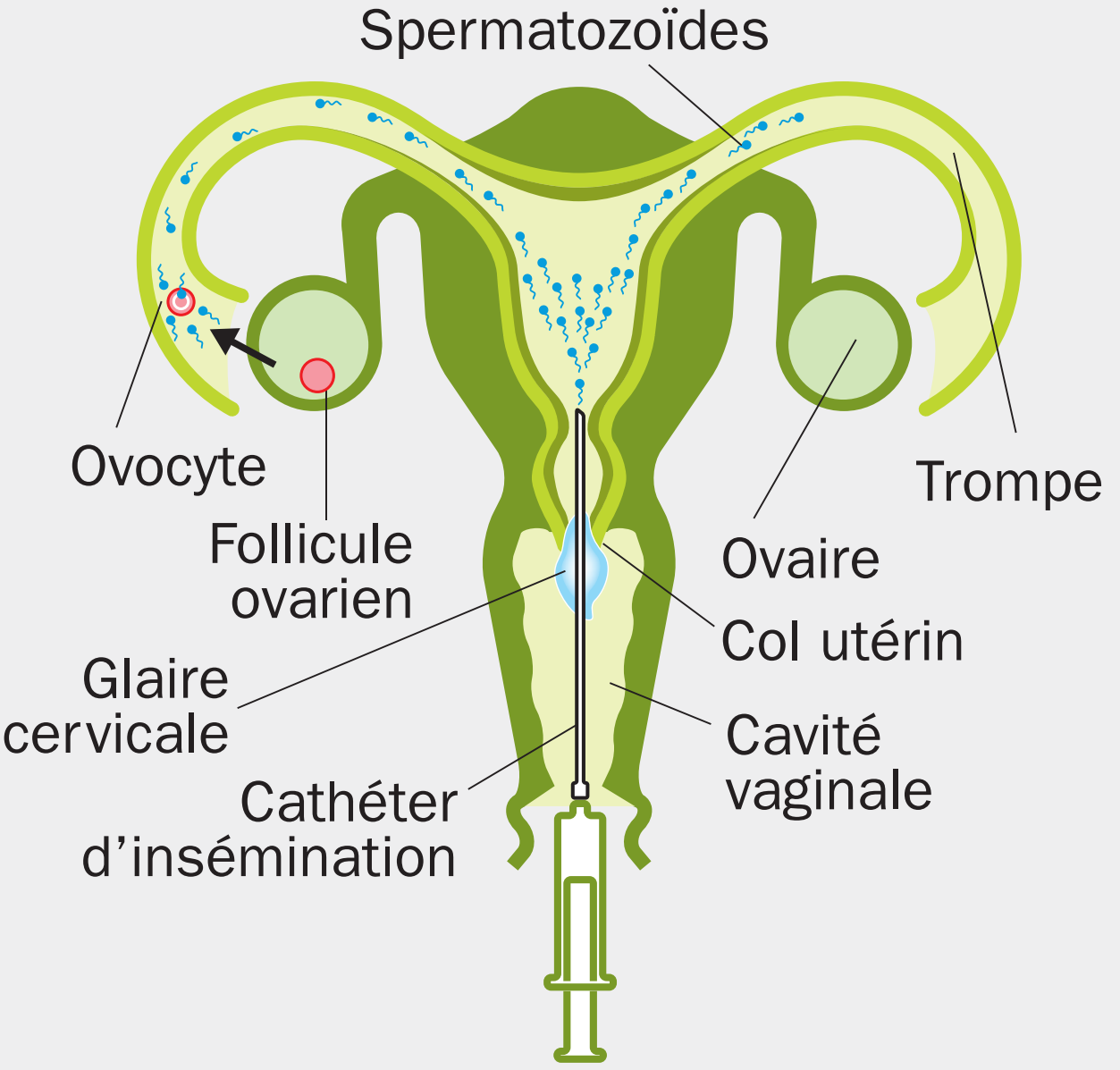Insémination artificielle intra-utérine